



## HEAD START SNACK ONLY MENU 2024-2025

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1: 8/12, 9/09, 10/07, 11/04, 12/09, 01/20, 02/17, 03/24, 04/21, 05/19</b>					
	<b>1 WGR- Rich Banana Muffin (1 oz. eq.)</b>  <b>1 Yoplait Yogurt (4 oz.)</b>	<b>1 pk. WGR-Tiger Bites (1 oz. eq.)</b>  <b>1 Mozzarella Cheese (1 oz.)</b>	<b>1 pk. WGR-Rich Goldfish (1 oz. eq.)</b>  <b>Fresh Strawberries (½ cup)</b>	<b>1 pk. WGR-Cinnamon Bug Bites (1oz. eq.)</b>  <b>1 100% Wango Mango Juice (4 oz.)</b>	<b>1 pk. WGR-Sunchips (1oz. eq.)</b>  <b>1 Fresh Apple (½ cup)</b>
<b>Week 2: 8/19, 9/16, 10/14, 11/11, 12/16, 01/27, 02/24, 03/31, 04/28, 05/26</b>					
	<b>1 pk. WGR- Goldfish (1 oz. eq.)</b>  <b>1 Applesauce (4 oz.)</b>	<b>2 pk. WGR- Honey Graham Crackers (1 oz. eq.)</b>  <b>1 Yoplait Yogurt (4 oz.)</b>	<b>1 WGR- Banana Muffin (1 oz. eq.)</b>  <b>1 100% Dragon Punch Juice (4 oz.)</b>	<b>1 pk. WGR-Cinnamon Bug Bites Crackers (1 oz. eq.)</b>  <b>1 Mandarin Oranges Fruit cup (4oz.)</b>	<b>1 Mozzarella Cheese (4 oz.)</b>  <b>1 Fresh Banana (½ cup)</b>
<b>Week 3: 8/26, 9/23, 10/21, 11/18, 01/06, 02/03, 03/03, 04/07, 05/05, 06/02</b>					
	<b>1 pk. WGR-Tiger Bites (1 oz. eq.)</b>  <b>1 100% Wango Mango Juice (4 oz.)</b>	<b>1 Mozzarella Cheese (1 oz.)</b>  <b>1 Applesauce (4 oz.)</b>	<b>1 pk. WGR-Sunchips (1 oz. eq.)</b>  <b>1 Fresh Apple (½ cup)</b>	<b>1 pk. WGR- Cinnamon Bug Bites Crackers (1 oz. eq.)</b>  <b>1 Yoplait Yogurt (4oz.)</b>	<b>1 pk.WGR- Goldfish (1 oz. eq.)</b>  <b>Fresh Strawberries (½ cup)</b>
<b>Week 4: 09/02, 9/30, 10/28, 12/02, 01/13, 02/10, 03/17, 04/14, 05/12</b>					
	<b>1 WGR- Blueberry Muffin (1 oz. eq.)</b>  <b>1 Yoplait Yogurt (4 oz.)</b>	<b>1 pk. WGR- Goldfish (1 oz. eq.)</b>  <b>1 100% Dragon Punch Juice (4 oz.)</b>	<b>1 Mozzarella Cheese (1 oz.)</b>  <b>1 Mandarin Oranges Fruit Cup (4 oz.)</b>	<b>2 pk. WGR-Honey Graham Crackers (1 oz. eq.)</b>  <b>1 Fresh Banana (1/2 cup)</b>	<b>1 pk. WGR- Cinnamon Bug Bites (1 oz. eq.)</b>  <b>1 Fresh Apple (1/2 cup)</b>

**Water is available with all meals.**

This institution is an equal opportunity provider.  
Revised: 06/28/2024

**WGR: Whole Grain Rich**