

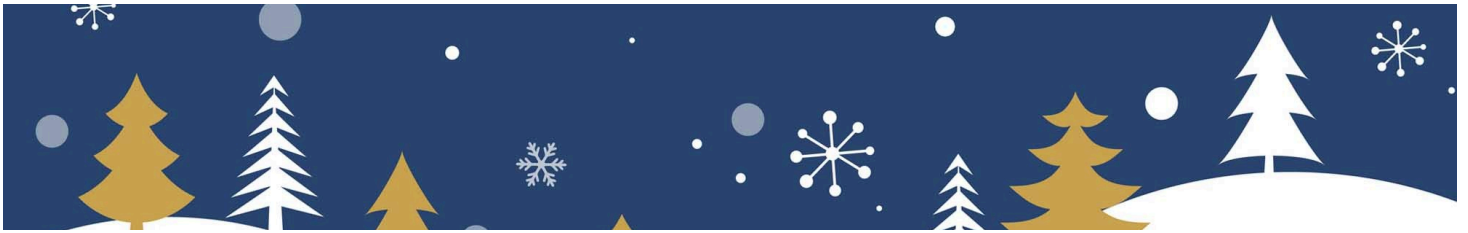
December 2024

Gulf Coast Breakfast Preschool - Veg Option

02 Breakfast Entree Honey Cheerios Fruit Diced Pears	03 Breakfast Entree Cowboy Bread Fruit Diced Peaches	04 Breakfast Entree Breakfast Turkey Sausage Pizza Breakfast Cheese Pizza Fruit Pineapple	05 Breakfast Entree Maple Waffles Bagel with Cream Cheese Fruit Mixed Fruit	06 Breakfast Entree Trix Muffin Fruit Applesauce
09 Breakfast Entree Cinnamon Toast Crunch Fruit Pears	10 Breakfast Entree Mini Blueberry Pancakes Fruit Diced Peaches	11 Breakfast Entree NEW!! Apple Cinnamon Texas Toast Fruit Pineapple	12 Breakfast Entree Egg, Turkey Sausage & Cheese Breakfast Burrito Biscuit & Jelly Fruit Mixed Fruit	13 Breakfast Entree Cinnamon Cream Cheese Mini Bagels Fruit Applesauce
16 Breakfast Entree Trix Cereal Fruit Pears	17 Breakfast Entree Maple Belgian Waffle Fruit Diced Peaches	18 Breakfast Entree Mini Confetti Pancakes Fruit Pineapple	19 Breakfast Entree Turkey Sausage & Cheese English Muffin English Muffin & Jelly Fruit Mixed Fruit	20 Breakfast Entree Apple Cinnamon Muffin Fruit Applesauce
23	24	25	26	27
30	31			

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.



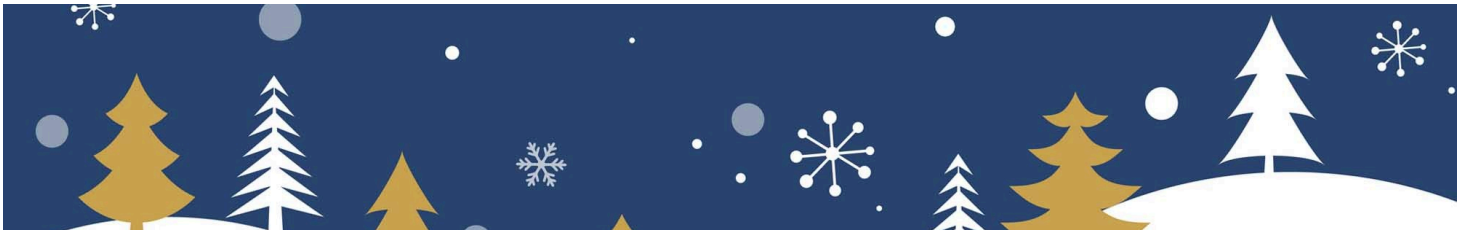
December 2024

Gulf Coast Lunch Preschool - Veg Option

<p>02</p> <p>Lunch Entree Cheeseburger Black Bean Burger + Cheese</p> <p>Vegetables Diced Potatoes</p> <p>Fruit Applesauce</p>	<p>03</p> <p>Lunch Entree Cheese & Green Chile Tamale</p> <p>Vegetables Creamed Corn</p> <p>Fruit Sliced Oranges</p>	<p>04</p> <p>Lunch Entree Crispy Orange Chicken with Rice Orange Veggie Nuggets with Rice</p> <p>Vegetables Diced Carrots</p> <p>Fruit Red Apple Slices</p>	<p>05</p> <p>Lunch Entree Rotini & Meatsauce Rotini with Spaghetti Sauce and Mozzarella Cheese</p> <p>Fruit Apple Juice</p>	<p>06</p> <p>Lunch Entree Mozzarella Stuffed Breadsticks with Marinara Dip</p> <p>Vegetables Diced Carrots</p> <p>Fruit Diced Peaches</p>
<p>09</p> <p>Lunch Entree Breaded Chicken Sandwich Plant-Based Breaded Patty Sandwich</p> <p>Vegetables Diced Potatoes</p> <p>Fruit Applesauce</p>	<p>10</p> <p>Lunch Entree Bean & Cheese Burrito</p> <p>Vegetables Diced Carrots</p> <p>Fruit Sliced Oranges</p>	<p>11</p> <p>Lunch Entree Chicken Alfredo Penne Pasta Alfredo</p> <p>Vegetables Broccoli</p> <p>Fruit Red Apple Slices</p>	<p>12</p> <p>Lunch Entree Loaded Tot-chos: Tater Tots with Ground Beef & Queso</p> <p>Grilled Cheese</p> <p>Vegetables Tater Tots</p> <p>Fruit Apple Juice</p>	<p>13</p> <p>Lunch Entree Deep Dish Cheese Pizza</p> <p>Vegetables Green Beans</p> <p>Fruit Sliced Peaches</p>
<p>16</p> <p>Lunch Entree BBQ Chicken Sandwich Veggie Nuggets</p> <p>Vegetables Diced Potatoes</p> <p>Fruit Applesauce</p>	<p>17</p> <p>Lunch Entree Chicken Parmesan Penne Pasta Parmesan Penne Pasta</p> <p>Fruit Sliced Oranges</p>	<p>18</p> <p>Lunch Entree Chicken Fajita Walking Taco Cheese Walking Taco</p> <p>Vegetables Creamed Corn</p> <p>Fruit Red Apple Slices</p>	<p>19</p> <p>Lunch Entree Korean Chicken Rice Bowl Korean Veggie Nugget Rice Bowl</p> <p>Vegetables Green Beans</p> <p>Fruit Apple Juice</p>	<p>20</p> <p>Lunch Entree Hot Turkey & Cheese Sandwich Black Bean Burger + Cheese</p> <p>Vegetables Broccoli Florets</p> <p>Fruit Cool Tropics Slush</p>
<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>
<p>30</p>	<p>31</p>			

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December 2024

Gulf Coast
Snack Preschool

02 Fruit Orange Grains Cheddar Goldfish	03 Fruit Apple Juice Grains Giant Vanilla Goldfish	04 Grains Birthday Cake Graham Crackers Misc. String Cheese	05 Fruit Applesauce Grains Cheddar Chex Mix	06 Breakfast Entree Whole Grain Strawberry Break Bar Fruit Apple Juice
09 Grains Keebler Cinnamon Bug Graham Bites Misc. String Cheese	10 Fruit Apple Juice Grains Honey Maid Little Squares	11 Grains Heart Shaped Pretzels Condiments Wowbutter	12 Fruit Apple Crisps Grains Giant Vanilla Goldfish	13 Fruit Apple Juice Grains Strawberry Yogurt Snack Mix
16 Fruit Orange Grains Smart Crackers	17 Fruit Apple Juice Grains Goldfish Pretzels	18 Fruit Applesauce Grains Cheez-It Crackers	19 Breakfast Entree Honey Graham Crackers Fruit Red Apple Slices	20 Breakfast Entree Animal Crackers Fruit Apple Juice
23	24	25	26	27
30	31			

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