

March

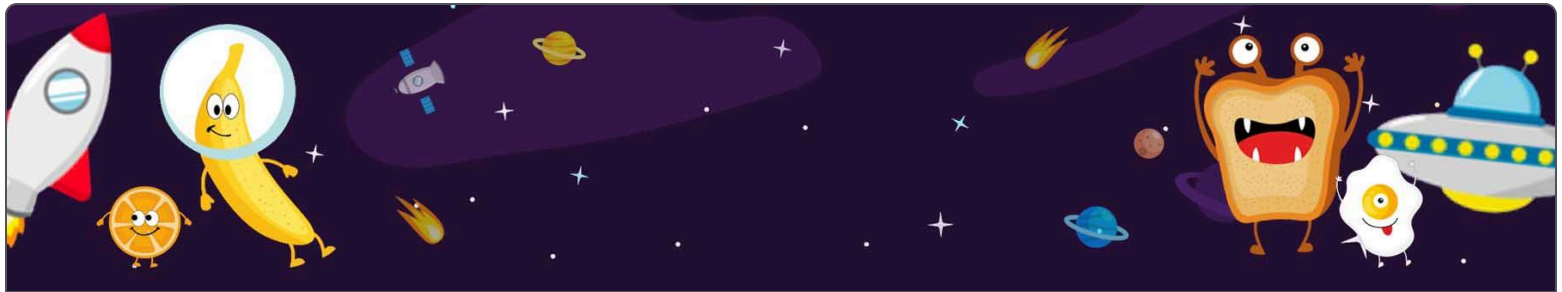
Gulf Coast

Breakfast Preschool - Veg Option

Breakfast Entree 3 Cinnamon Toast Crunch Fruit Pears	Breakfast Entree 4 NEW!! French Toast Dippers + Syrup Fruit Diced Peaches	Breakfast Entree 5 Egg & Cheese Hashbrown Blueberry Muffin Top Fruit Banana	Breakfast Entree 6 Honey Chicken Biscuit Honey Veggie Nugget Biscuit Fruit Mixed Fruit	Breakfast Entree 7 Cinnamon Cream Cheese Mini Bagels Fruit Applesauce
10	11	12	13	14
Breakfast Entree 17 Trix Cereal Fruit Pears	Breakfast Entree 18 Maple Belgian Waffle Fruit Diced Peaches	Breakfast Entree 19 Mini Confetti Pancakes Fruit Banana	Breakfast Entree 20 Breakfast Turkey Sausage Pizza Breakfast Cheese Pizza Fruit Mixed Fruit	Breakfast Entree 21 Strawberry Yogurt Fruit Applesauce
Breakfast Entree 24 Honey Cheerios Fruit Pears	Breakfast Entree 25 Trix Mini French Toast Fruit Diced Peaches	Breakfast Entree 26 Turkey Sausage Biscuit Biscuit & Jelly Fruit Banana	Breakfast Entree 27 Turkey Sausage, Egg & Cheese Breakfast Pocket Egg & Cheese Breakfast Taco Fruit Mixed Fruit	Breakfast Entree 28 Banana Bread Fruit Applesauce
31				

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.



March

Gulf Coast

Lunch Preschool - Veg Option

<p>3</p> <p>Lunch Entree Grilled Cheese</p> <p>Vegetables Creamed Corn</p> <p>Fruit Applesauce</p>	<p>4</p> <p>Lunch Entree Chicken Tenders & Ketchup Veggie Nuggets</p> <p>Vegetables Pinto Beans</p> <p>Fruit Sliced Oranges</p> <p>Grains Cornbread Dressing</p>	<p>5</p> <p>Lunch Entree Crispy Orange Chicken with Rice Orange Veggie Nuggets with Rice</p> <p>Vegetables Carrots</p> <p>Fruit Red Apple Slices</p>	<p>6</p> <p>Lunch Entree "Fried" Chicken Bowl with Mashed Potatoes Veggie Nuggets Bowl</p> <p>Fruit Apple Juice</p>	<p>7</p> <p>Lunch Entree Deep Dish Cheese Pizza</p> <p>Vegetables Diced Carrots</p> <p>Fruit Sliced Peaches</p>
<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>
<p>17</p> <p>Lunch Entree Cheeseburger Black Bean Burger + Cheese</p> <p>Vegetables Creamed Corn</p> <p>Fruit Applesauce</p>	<p>18</p> <p>Lunch Entree Beef & Cheese Walking Taco Cheese Walking Taco</p> <p>Vegetables Pinto Beans</p> <p>Fruit Sliced Oranges</p>	<p>19</p> <p>Lunch Entree Teriyaki Chicken Rice Bowl Teriyaki Veggie Nugget Rice Bowl</p> <p>Vegetables Diced Carrots</p> <p>Fruit Red Apple Slices</p>	<p>20</p> <p>Lunch Entree Rotini & Meatsauce Rotini with Spaghetti Sauce and Mozzarella Cheese</p> <p>Fruit Apple Juice</p>	<p>21</p> <p>Lunch Entree Mozzarella Stuffed Breadsticks with Marinara Dip</p> <p>Vegetables Diced Carrots</p> <p>Fruit Diced Peaches</p>
<p>24</p> <p>Lunch Entree Breaded Chicken Sandwich Plant-Based Breaded Patty Sandwich</p> <p>Vegetables Creamed Corn</p> <p>Fruit Applesauce</p>	<p>25</p> <p>Lunch Entree Beef & Cheese Quesadilla Cheese Quesadilla</p> <p>Vegetables Pinto Beans</p> <p>Fruit Sliced Oranges</p>	<p>26</p> <p>Lunch Entree Breakfast for Lunch: Scrambled Eggs & Biscuit</p> <p>Vegetables Tater Tots</p> <p>Fruit Red Apple Slices</p>	<p>27</p> <p>Lunch Entree Cheeseburger Mac Veggie Nuggets + Mac & Cheese</p> <p>Vegetables Green Beans</p> <p>Fruit Apple Juice</p>	<p>28</p> <p>Lunch Entree Turkey & Beef Pepperoni Pizza Deep Dish Cheese Pizza</p> <p>Vegetables Broccoli</p> <p>Fruit Cool Tropics Slush</p>
<p>31</p>				

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Gulf Coast Snack Preschool

Grains Keebler Cinnamon Bug Graham Bites Misc. String Cheese	3 Fruit Apple Juice Grains Honey Maid Little Squares	4 Grains Heart Shaped Pretzels Condiments Wowbutter	5 Breakfast Entree Animal Crackers Fruit Apple Crisps	6 Fruit Apple Juice Grains Strawberry Yogurt Snack Mix	10	11	12	13	14
Fruit Orange Grains Cheddar Goldfish	17 Fruit Apple Juice Grains Giant Vanilla Goldfish	18 Grains Birthday Cake Graham Crackers Misc. String Cheese	19 Fruit Applesauce Grains Cheddar Chex Mix	20 Fruit Apple Juice Grains Scooby-Doo!™ Graham Cracker Sticks	24 Grains Keebler Cinnamon Bug Graham Bites Misc. String Cheese	25 Fruit Apple Juice Grains Honey Maid Little Squares	26 Grains Heart Shaped Pretzels Condiments Wowbutter	27 Breakfast Entree Animal Crackers Fruit Apple Crisps	28 Fruit Apple Juice Grains Strawberry Yogurt Snack Mix
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